

LYNDON RECREATION RULES

2026

SENIOR SOFTBALL RULEBOOK

Field Dimensions

Pitching Rubber: 43'

Bases: 60'

Official USA Softball will apply, except as follows:

- 1) Unlimited substitution on defense is allowed at all times.
- 2) The game will be played with 9 players on defense. In the event 9 players are not available, the game can be played with 7 players. A forfeit will be declared if a team does not have at least 7 players on the field within 5 minutes after the official starting time, or becomes unable to field 7 players at any time during the game.
- 3) Each game is scheduled for 7 innings or one hour and thirty minutes, whichever comes first. Any inning started prior to the one hour and thirty-minute limitation will be completed. A new inning is considered to have started the instant that the final out is made in the previous inning.
- 4) If either team leads by 15 or more runs after 4 innings, or 10 or more runs after 5 innings, the game will be called and ruled a complete game.
- 5) No pitcher shall pitch more than 8 innings (24 outs) in any one week. The pitching week shall be Monday through Sunday. The official record of innings pitched will be maintained by the umpires. Unless a manager or his representative notifies the general manager of an alleged error **prior to the closing of the park on the night of the game**, this record will be presumed to be correct. Violations of this rule shall result in forfeiture of the game in which the violation occurred.
- 6) If more than two games are played within one week, the inning limitation will be increased by three innings for each additional game played. The only time a pitcher may use the extra innings allowed under this rule is in the additional game(s) played. "Additional games" are determined by the order in which games are actually played within the week, without regard to whether they are regularly scheduled games or makeup games.
- 7) If the pitching limitation is exceeded only because more than one out is made on the same play, it will not be considered a violation.
- 8) The pitching week may or may not be redefined during tournament play.

- 9) Once the starting pitcher has been removed as a pitcher for the second time in the same game, she may not return in that game as a pitcher.
- 10) During any extra inning, the offensive team shall begin its turn at bat with the player who is scheduled to bat last in that respective half inning being placed on second base.
- 11) A batter may use any regulation softball bat.
- 12) "Time" shall be called when, in the judgment of an umpire, all immediate play is apparently completed.
- 13) Each team will bat until 3 outs are made or 8 runs are scored, whichever comes first. No more than 8 runs can be scored during each team's turn at bat.
- 14) No metal spikes.
- 15) It is permissible (encouraged) to run for the catcher and/or pitcher with the "last out" only. (Clarification: If the pitcher is on base and is the number 5 hitter, then the number 4 hitter would be the runner unless also on base then it would be the number 3 hitter and etcetera.)
- 16) All pitchers and infielders must wear face masks when in the field.